

DRINK MORE WATER IF KIDNEYS BOTHER

Eat Less Meat and Take Salts for Back-ache or Bladder Trouble

Uric acid in meat excites the kidneys, they become overworked; get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush out the body's urinous waste or you'll be a real sick person shortly. At this you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated, and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive, cannot injure, makes a delightful, effervescent, lithia-water drink, which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble—adv.

EAST CALAIS

It may be of interest to the very many friends of the Calais and North Montpelier branch of the American Red Cross to know what the members are now engaged in doing.

At present the work of preparing surgical dressings with great vigor. Although the workers are few and funds are short, a large amount of work is completed each week, a box containing 710 surgical dressings, five long knit bandages, seven knit wash cloths, several nurses' mitts, sponges and triangular bandages and hospital shirts were shipped to Boston Nov. 1. A box of woolen articles will be shipped in a few days. The society is actively receiving donations of \$5 each from E. E. Bliss and Mr. and Mrs. C. P. Spaulding and other donations have been received from time to time, for which the society is very grateful and wishes to extend its thanks to the many friends for all favors received. A box of stockings was sent last week to the Navy Knitting League of New York, of which Mrs. Guy Bancroft is a member, the material being donated by Miss Sylvia Bliss and Mrs. Guy Bancroft. Mrs. D. B. Dwinell has donated cloth for several dozen triangular bandages (sings) and it is hoped there will be a large attendance at the Red Cross meeting in the Red Cross rooms next Thursday to complete this work. New members for the society are very much wanted; are there not folks in Calais and North Montpelier that wish to volunteer for service in this noble Red Cross work? Keep watch for notice of a Red Cross entertainment to be held in East Calais soon. The society expects soon to send Christmas boxes to the boys already in France. If there is any friend that wishes to aid in these boxes they are asked to leave articles or money with Mrs. R. C. Goodall in East Calais.

Calais grange, No. 387, celebrated the tenth anniversary of the organization of the grange Thursday evening, Nov. 1. After the business meeting a very good literary and musical program was presented by Mrs. F. H. Gray, followed by an oyster supper served in the dining hall. District Deputy Russell Collins and Senator Harry Daniels of East Montpelier were present and spoke on grange work and other subjects. A good number of members were present and a pleasant time was enjoyed by all and the hope expressed that Calais grange may have many more successful anniversaries.

"Do your bit" to aid the Red Cross workers of Calais by attending the dance at 1 O. G. T. hall Friday evening, Nov. 9. You know in order to do good work the workers must have funds. Dancing begins at 8 o'clock.

Jacob Lamb passed away Sunday after a lingering illness. The funeral was held Tuesday, Nov. 6.

Mrs. Abbie Goodall has attended every weekly Red Cross meeting since the Red Cross was organized last April.

Raymond Abbott has moved his family into one of O. W. Guernsey's tenements and he is working for D. B. Dwinell, driving team.

Richard Lamb of Goddard seminary is spending the week at his home on account of the death of his grandfather, Jacob Lamb.

H. R. Kimball of Hardwick was at C. J. Lamb's Sunday.

Rev. Mr. Merrill was a business visitor in town Saturday.

Mrs. Lillian Gray is spending a few days in Boston with friends.

George Guernsey of Barre was a recent guest of his parents, Mr. and Mrs. O. W. Guernsey.

Roy Crockett of Barre was a business visitor in town Monday, also Charles Little of North Montpelier.

Laura Colley of Marshfield was at C. A. Wing's over Sunday.

BROOKFIELD

Last week item mislaid: P. C. Keyes' exhibit at the grange festival Oct. 25, consisting of 29 cages of poultry, fancy pigeons, guinea pigs and rabbits, was a great attraction, and added much to the entertainment of the evening.

Rev. and Mrs. William Taylor visited Rev. and Mrs. Goodlife at Randolph Center Friday. In the evening Rev. Mr. Taylor attended the grange star association business meeting, which was held at the Center.

Mr. and Mrs. R. H. Simmons are moving this week to their newly acquired farm purchased of Joseph Savage.

The regular meeting of the Order of the Eastern Star Thursday evening. It is desired all members be present.

The regular meeting of the G. A. R. and W. R. C. Saturday afternoon. The president would be pleased to have all members present. There is some business to be considered.

Mr. and Mrs. L. O. Keyes were in Northfield Thursday on business.

Mr. and Mrs. Joseph Savage move this week back to their old home in Newton, Mass.

Every one of the people of the Second church were very much disappointed last Tuesday on account of the inclemency of the weather, preventing the circular conference from being held with us.

ORANGE

Children's Exhibit Wednesday a Great Success.

The children's exhibit, which was held Wednesday evening, was a success. An enjoyable entertainment was furnished by the children. Following are the prizes as awarded: Class I.—Vegetables, best collection, Dean Emerson 1st; Hilara Rowen 2d; best pumpkin, Roy Flanders 1st; best hill of potatoes, Bernal Lord 1st; best collection canned vegetables, Marion Nelson 1st; canned fruit, Lois Nelson 1st; Dorothy Rouhan 2d; maple syrup, Dean Emerson 1st; Maurice Bisson 2d; knitting, Lois Nelson and Lula May Flanders 1st; knitting, Dean Emerson 2d.

Class II.—Collection of vegetables, Herbert Beede 1st, Arthur Burroughs and Clifton Sanders 2d; beans, Herbert Haynes 1st; best hill of potatoes, Doris Lord 1st; carrots, Regina Morrill 2d; beets, Lizzie Morrill 2d; canned vegetables, Phyllis Nelson 1st, Bertha Colby 2d; Esther Manera 3d; cake, Alice Sanborn 1st, Guy Lord 2d; embroidery, Helen Colby 1st, Bertha Colby 2d, Phyllis Nelson 3d; crochets, Minnie Bailey 1st, Helen Cook 2d.

Class III.—Vegetable exhibit, Vera Flanders 1st, corn, Dwight Colby 2d; corn, Dwight Colby 2d; beans, Vera Flanders 1st; chickens, Albert Manera 2d; canned vegetables, Vera Flanders 1st, Vernice Whitcomb 2d; canned fruits, Vernice Whitcomb 1st, Eva Hayward 3d; cake, Vernice Whitcomb 1st, Vera Flanders 2d; doughnuts, Vera Flanders 1st; crochets, Vera Flanders 1st, Lena Philbrick 2d and 3, Mary Sayah 3d; knitting, Lena Philbrick 1st, Gladys Magoon 1st, Vera Flanders 2d; embroidery, Vernice Whitcomb 1st, Lucy Clark 3d; drawing, Lucy Calagani 1st.

The grange at its regular meeting Friday night worked the first and second degrees on a class of four.

Mrs. Ella L. Carr, who has been visiting here and in Barre and Williams-town, went Sunday to Piermont, N. H., to visit her brother.

Mr. and Mrs. G. L. Bates of Barre and Mr. and Mrs. G. L. Cate of North Calais visited Mrs. Flora Beard Sunday.

If any have been omitted in the food pledge canvass, it is due to the lack of cards rather than the desire of the canvassers to cover the ground.

E. H. Loveland and Miss Dutton, county advisors, were in town Wednesday and Thursday.

Warren Curtis of East Orange was a recent visitor at Mrs. Marinda Jackson's.

A good many Christmas trees are being shipped from here.

NORTH RANDOLPH

At the North Randolph grange Friday night, Nov. 9, the program will be as follows: Music, choir; roll call, responded to by giving a current event or anecdote; piano solo; reading, Mrs. Ben-nett; paper, "The Best Things in Life"; vocal solo; reading, Nettie Ashline; talk, "Preparation for Winter and Marks of a Thrifty Farmer," Arthur Parker; music, choir.

Silas Newell has a Ford auto.

Fred Rich has moved to Royalton.

Mr. and Mrs. Andrew Fitts and Eli Fitts of Windsor were over-Sunday guests at E. A. Fitts.

Mrs. Ben Comstock has been entertaining her friends at home.

C. E. Taft and family and A. J. Durkee and sisters spent Sunday at C. H. Taft's in Royalton.

Misses Nettie and Dora Ashline have returned from a visit in Troy, N. Y.

Mrs. Arthur Parker is teaching the hill school, as Mrs. Riford is ill.

The Red Cross will hold a dance and harvest supper at the hall Friday evening, Nov. 16. Good music will be furnished. All are cordially invited.

AMUSEMENT NOTES

In Comedy of "Arms and the Man," Are Contrasts in Militarism.

There was never a time on this battered old earth when the subject of "Arms and the Man" was of such importance as it is to-day. Consequently anything pertaining to the subject is of essential interest.

To-day almost the entire world is arrayed against the forces of militarism and whilst much has been written exposing its false ideals, as may be expected, when Bernard Shaw has anything to say on the subject it is approached from quite a different standpoint. In the comedy "Arms and the Man," the pomp and circumstance of militarism stand out in striking contrast to the soldier himself, who in his own way is just an ordinary human being of flesh and blood, and is only made to appear otherwise by the gorgeous trapping of an exaggerated uniform and the trumpery that goes with it.

Without doubt in this play Shaw has produced one of the most entertaining comedies of our theatre to-day.

He draws a most amusing comparison between two extremes; a romantic soldier who achieves a victory for the sheer spectacle of the thing, and one who fights only for the money there is in it.

The characters are remarkably well drawn, and the incidents leading up to the capture of a daughter of the enemy by the undramatic hero make a most interesting tale embellished by clever wit.

Clifford Devereux, who is well known throughout the country as an actor and producer of drama of the highest type, is appearing with his company of competent players in "Arms and the Man" on Saturday, Nov. 10, matinee and night, at the opera house—adv.

MOTHER GAVE THIS DELICATE CHILD VINOL

And He Got Well and Strong—That's True

Monaca, Pa.—"My little boy, who is the youngest of three, was weak, nervous and tired all the time, so he was most unfit at school, and nothing seemed to help him. I learned of Vinol and gave it to him. It has restored his health and strength, and he has gained in weight."

—Mrs. Frederick Somers, Monaca, Pa. Vinol is a constitutional cool liver and iron remedy for delicate, weak, ailing children. Formula on every bottle, so you know what you are giving them. Children love it.

Red Cross Pharmacy, Floyd G. Russell, Prop., and at the best drug store every town and city in the country—adv.



Resinol does wonders for sick skins

That itching, burning skin-trouble which keeps you scratching and digging, is a source of embarrassment, as well as of torment to you. Why don't you get rid of it by using Resinol Ointment? Physicians prescribe it constantly. In most cases, it stops itching instantly and heals eruptions promptly. It is very easy and economical to use.

Sold by all druggists. Resinol Ointment should usually be used by Resinol Soap.

EAST BROOKFIELD

Mrs. F. C. Angell of Randolph has been visiting at J. M. Angell's.

Mr. and Mrs. Alden Savage have returned from their wedding trip and are living for the present at C. H. Bigelow's. Frank Peabody, a traveling salesman from Buffalo, N. Y., is visiting at F. E. Holmes.

The Williamstown Congregational choir rendered several pleasing selections at our church last Sunday.

The ladies' society held their annual meeting at the church parlors last Thursday, electing the following officers: President, Mrs. Bessie K. Wheatley; vice-president, Mrs. Ina Austin; secretary, Mrs. Jennie Wheatley; treasurer, Mrs. Alma Metcalf; directresses, Mrs. Frank Richardson, Mrs. John Perham; collector, Mrs. F. H. Wilcox.

F. H. Wilcox had a horse fall in the road and break its leg last week.

North branch school and teacher, Miss Ruie Angell, entertained east-hill school and teacher, Miss Ruth Trask, with a Halloween party last Friday night. Both schools were in mask and after a spooky ghost walk and several Halloween stunts, light refreshments were served.

Miss Addie Harrington entertained several of her schoolmates last Monday night in honor of her twelfth birthday. After a series of birthday games, a delightful luncheon was served the guests.

WEST BERLIN

C. H. Ellenwood, director of the boys' campaign for the National War council, through which the Y. M. C. A. of the country seeks money for carrying on necessary work among the troops in this country and abroad, will speak in the parish hall here Thursday evening. Mr. Ellenwood has been with the regulars at the Mexican border as a soldier and has done work with the Y. M. C. A. there.

Vermont's quota of the amount to be raised is set at \$152,900. J. B. Estee of Montpelier is chairman of the Washington county committee and the town committee consists of C. L. Shack and W. H. Turner of Berlin and D. A. Perry of the Barre road.

Miss Florence Delano, who left here some weeks ago, is quite ill in Brightbrook hospital at St. Johnsbury.

Know Your Future

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RING OUT THE FALSE IN THE TRUE. BELL'S SEASONING IS THE ORIGINAL for poultry, game, meat, fish, etc.; others are imitations. ASK GROCERS FOR BELL'S. W. G. Bell Company, Boston, Mass., U.S.A.

Concrete Work

Each year Concrete Work is becoming more of a necessity. Let us show you what we can do in Concrete Construction.

Re-inforced Concrete, Foundations, Walks, Curbs, Steps, Etc.

We will quote lowest possible prices for first-class work. Estimates promptly and cheerfully given.

Peter Sheeran Concrete Company 422 North Street Burlington, Vt.

Barre Opera House Saturday, Nov. 10, Matinee and Night

The Play of the Hour BERNARD SHAW'S

Masterpiece, the three-act comedy drama

ARMS AND THE MAN

The great human love story of a romantic girl of the Balkans and a very romantic Swiss soldier—Thrills, Suspense, Laughter

Presented by CLIFFORD DEVEREUX with ZINITA GRAF

And his company of especially selected artists, beautiful Balkan costumes, a car (three sets) of superb Balkan scenery, a real Broadway production

A PLAY YOU WILL NEVER FORGET

PRICES—Matinee, all seats 50c. Night, 35c, 50c, 75c, \$1

CONSTIPATION IS A PENALTY OF AGE

Nothing is so essential to health in advancing age as freedom and normal activity of the bowels. It makes one feel younger and fresher, and forestalls colds, piles, fevers, and other dependent ills.

Cathartics and purgatives are violent and drastic in action and should be avoided. A mild, effective laxative, recommended by physicians and thousands who have used it, is far preferable. This is the combination of simple laxative herbs with pepsin sold by druggists under the name of Dr. Caldwell's Syrup Pepsin. It costs only fifty cents a bottle; a trial bottle, free of charge, can be obtained by writing to Dr. W. B. Caldwell, 436 Washington St., Monticello, Illinois.

MARSHFIELD

On account of illness, Mrs. McIntyre will not be able to come to Marshfield with her display of millinery until next week Wednesday and Thursday, Nov. 14 and 15—adv.

The ladies' aid society of the Methodist church held its annual meeting at the home of Mrs. James Bouldry Friday afternoon, Oct. 26. Mrs. Nellie Mears was elected president to serve three months and the following officers for a year: First vice-president, Mrs. Davis; second vice-president, Nellie Pitkin; secretary, Lettie Bouldry; treasurer, Flora Bliss.

Rev. E. W. Sharpe of Brattleboro, one of the district superintendents of the Vermont conference, occupied the pulpit at the Methodist church last Sunday and spoke in the interests of the veteran preachers' fund.

The midweek prayer meeting will be held with Mrs. Corlies on Thursday evening at 7 o'clock.

The ladies' aid society will serve a baked bean and hash dinner and supper in the vestry of the M. E. church Friday, Nov. 9. Following the supper a reception will be given the new pastor, Rev. Platte, and his wife. An invitation is extended to everyone. Come and give them a cordial welcome.

Next Sunday will be observed as world's temperance Sunday at the Congregational church, with an illustrated address to the young people, followed by a temperance sermon in the morning and special exercises by the children during the Sunday school hour.

A CLEAR COMPLEXION

Ruddy Cheeks—Sparkling Eyes—Most Women Can Have

Says Dr. Edwards, a Well-Known Ohio Physician

Dr. F. M. Edwards for 17 years treated scores of women for liver and bowel ailments. During these years he gave to his patients a prescription made of a few well-known vegetable ingredients mixed with olive oil, naming them Dr. Edwards' Olive Tablets. You will know them by their olive color.

These tablets are wonder-workers on the liver and bowels, which cause a normal action, carrying off the waste and poisonous matter in one's system.

If you have a pale face, hollow look, dull eyes, pimples, coated tongue, headaches, a listless, no-good feeling, all out of sorts, inactive bowels, you take one of Dr. Edwards' Olive Tablets nightly for a time and note the pleasing results.

Thousands of women as well as men take Dr. Edwards' Olive Tablets—the successful substitute for calomel—now and then just to keep in the pink of condition. 10c and 25c per box. All druggists.

These tablets are wonder-workers on the liver and bowels, which cause a normal action, carrying off the waste and poisonous matter in one's system.

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VERSHIRE

A big lot of potatoes was shipped to Northampton Monday. Many of the farmers have also been busy shipping apples.

Evarts Brown has sold his farm to Church & Hooker of Bradford.

George E. Stacy was taken very ill Saturday. Dr. Allen was called and pronounced it gravel stones. Mr. Stacy is gaining.

The farewell party at the hall for Clayton Gilbert was much enjoyed. Clayton has a fine position working for Mr. Scott of Hanover.

Mr. and Mrs. Frost of Hanover visited their cousins, Mr. and Mrs. B. F. Fuller, Sunday.

Vance Conant is improving slowly. Mrs. C. C. Titus is at Camp Quinabee, South Fairlee, while her daughter, Mrs. Charles Pike, is on a trip to New York.

Mrs. Will Chapman went the first of the week to Fairlee to live.

Mr. and Mrs. L. L. Robinson and Mr. and Mrs. Forrest Tuller visited in Warren over Sunday, making the trip in Mr. Tuller's car.

A very pleasant wedding reception was given at the hall Wednesday evening, Oct. 31, when many of the friends and neighbors of Mr. and Mrs. Merton Ellsworth came to wish them all the pleasure of life. A good number were out, a program was given and a good display of useful gifts were brought to cheer them on their way. Mr. and Mrs. Ellsworth would be very glad to receive their friends in their new home.

Mr. and Mrs. Joseph Sleeper have returned from Norwich.

Southworth brothers began their lumber job the first of the week on Tenney hill.

N. H. Orr was in New London, N. H., on business last week.

Mr. and Mrs. Henry Parker have returned to their home in Massachusetts.

The Rutland branch of the Red Cross, the largest in the state, keeps its rooms open all-day the first four days of the week and two evenings. In one week's time the women made 326 Christmas bags for the soldiers.

GOULD'S

Piano Rooms

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THE SQUARE DEAL PLACE

Where you will find QUALITY HIGHER THAN PRICE

The Blasius & Sons, Strick & Zeidler, Lauter, Hobart M. Cable, Merrill, Janssen, and Milton Pianos certainly make a quality line. My cash or installment prices fit the no-rent no-agent and no-commission plan (the Gould way). They are the same to all every day and were made possible only by the most economical business methods. If you are in doubt, call and convince yourself or ask for book of a thousand references.

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Folks, you never saw a whole salted peanut until 1906 when the Planter's produced PENNANT whole blanched SALTED PEANUTS.

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Prepared by a secret process that keeps them fresh and crisp and retains the original flavor.

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PARK THEATRE

Vermont's Best Photoplay House

Matinee, 2:15 and 3:30—Tel. 613-W—Evening, 7 and 8:30

TO-DAY

MADGE KENNEDY, the famous actress, in "BABY MINE"

The well-known and famous stage farce comedy. This release is the second Goldwyn and will please all. Also a special George Ade Comedy, "A 12-CYLINDER SPEED OF THE LEISURE CLASS."

THURSDAY, NOVEMBER 8

MARGARET ILLINGTON, the well-known star, in "THE INNER SHRINE"

A feature of interest, action and thrills; also a Pictograph News and a "Big V" Comedy. Special added attraction: MR. JAMES BENNETT, Vermont's Irish Tenor, will appear at both evening shows, singing the "Neapolitan Love Song" from "Princess Pat" and the hit of the day, "Send Me Away with a Smile."

PRICES: MATINEE—Adults, Balcony 5c, Orchestra 10c; Children under 14 Years, 5c. EVENING—Balcony 10c, All Orchestra Seats 15c

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We have lots of Sweaters and Underwear. We have lots of Ladies' White Wear to close out below cost.

LADIES' SERGE DRESS SKIRTS	We give 25 per cent. discount from sale price to close out.
OVERALL FROCKS	We have lots of Overall Frocks, 85c, \$1.25 values, to close at 39c
BABIES' SILK BONNETS	50c to \$1.25 values to close at 19c
DRESS SKIRTS	65c to \$1.25 values to close at 39c
MACKINAW AND SHEEPSKIN-LINED COATS	\$14.00 values at 8.98 \$13.00 values at 7.98 \$11.00 values at 6.98 \$6.00 values at 3.98
BOYS' SUITS	\$8.75 values at 6.19 \$8.00 values at 5.98 \$7.50 values at 5.79 \$7.00 values at 5.49 \$6.50 values at 4.98 \$6.00 values at 4.59
LADIES' WOOL SCARFS	65c to 75c values to close at 39c
SWEATERS	To close out we give 25c off the sale price.
MEN'S RAINCOATS	We give 50c off the sale price on each one.
	We give 10 per cent. off from the sale price on anything you buy.
MEN'S SUITS	\$11.00 values going at 5.98 \$13.00 values going at 6.98 \$15.00 values going at 8.49 \$16.50 values going at 10.98 \$19.50 values going at 11.98
LADIES' COATS	Plush, Silk-Lined, etc. \$25.00 values at 17.98 \$28.00 values at 17.98 \$17.00 values at 11.98 \$11.50 values at 6.98 Girls' Coats, sizes 10 to 14, \$4.50 values at 1.98

THE PLACE IS THE